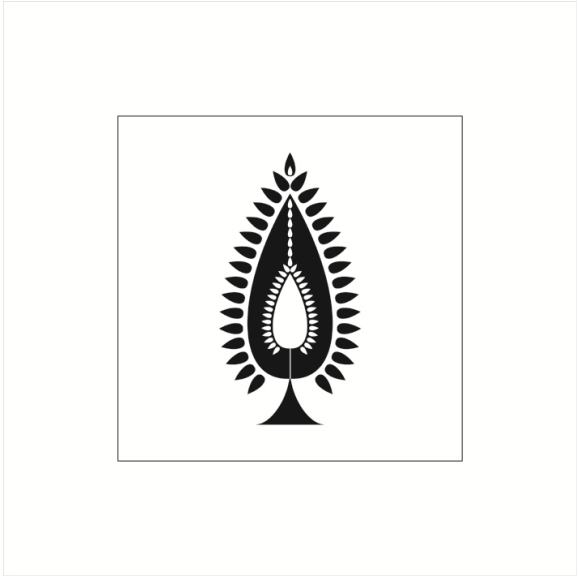
On Settling Naturally into Nirvana



Bodhisattva Kuan Yin

A Compassionate Channeled Teaching from Bodhisattva Kuan Yin

'On Settling Naturally into Nirvana'



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Introduction

This short and exquisite channelled teaching was delivered in a tiny temple in Taipei in the year of 2015 over a period of several days.

Like many temples in Taiwan, the deities represented were both Buddhist and Taoist. Throughout the teachings, Kuan Yin's beautiful peaceful presence prevailed, stilling the mind into a presentiment of the state of Nirvanic Peace that eventually awaits us all.

In the Buddhist Pure Lands, appearances are expressions of Reality and present to the perceiver the truths of emptiness, clarity and bliss. The forms that exist there are the spontaneously arising expressions of the wisdom and compassion mind of the Buddhas. Hence during the transmission, the compassionate Bodhisattva Kuan Yin presented to the Prajna-mind of the chaneller, the sublime image of the Celestial Lake, an image of stillness, crystal clarity, transparency, depth and transcendent peace.

May this teaching bless all those who have the fortune to hear it with the seed of realisation of its import.

'On Settling Naturally into Nirvana'

Dharma Blessings to All Sentient Beings

Creating thoughts is ego

Obstructing thoughts is also ego

Allowing thought is naturalness – non-ego

Non-attachment to thoughts and images is the Void

*

Do not fall into attachment to Samsara

And do not fall into attachment to Nirvana

This is the sublime Middle Way

*

Do not grasp at Dharmakaya

And do not grasp at Sambhogakaya

And do not grasp at Nirmanakaya

Thus Nirvana shall surely come in the course of time

*

Neither accept nor reject concepts

*

Practice loving kindness

*

Do not grasp at 'this' – Samsara, nor at 'that' – Nirvana

*

Allow the breath to flow inwardly and outwardly like the ripples on a lake

*

Serene non-attachment is the Divine life and the essence of the Buddha's teaching

*

By continuing in this natural meditation for eight hours unbroken, the Void appears

*

As a lotus opening on a lake, Nirvana shall come naturally

*

Nirvana comes by peacefulness and peacefulness comes by non-attachment

*

By practicing this Natural Way Nirvana shall come easily

*

The Celestial Lake is the symbol and embodiment of peace and the Lotus Flower the emblem of Enlightenment

Kuan Yin Bodhisattva

By the strength of my Bodhisattva vows I stay in manifestation

